

Coach Award Buzz word crib sheet

How People Learn Constructivist Behaviourist Plan do reflect conclude Triggers or learning differences	<i>Notes to help you remember/understand</i>
Stages of Learning Aware Practice Acquired	
Feedback decisions Public Private Non verbal Knowledge of results Knowledge of performance Intrinsic/ self check Extrinsic coach given, Positive Neutral Corrective Reciprocal	
Teaching Strategies Command Practice Inclusion Guided Discovery Divergent discovery	

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Decision Making Classical decision making Naturalistic decision making Heuristics/ rules of thumb Heuristic traps Professional judgement	
Reflective Practice Reflection For action Reflection In action Reflection On action Retrospective on action	
Types of practice Blocked Varied Distributed Chaining Constraints	
Optimum Learning Environment Mastery focused Performance focused	
Additional Notes	