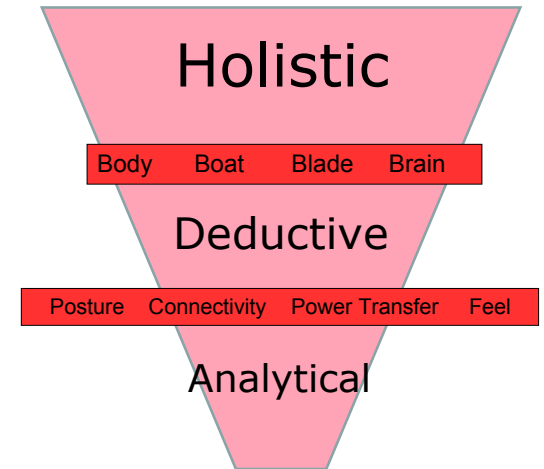
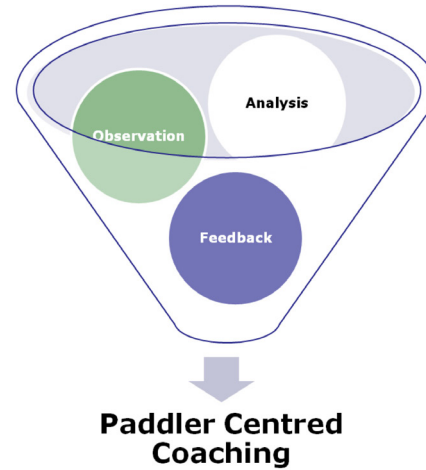
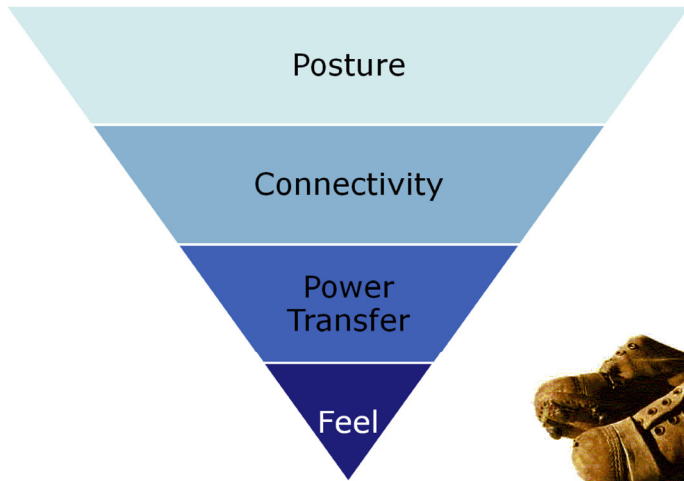
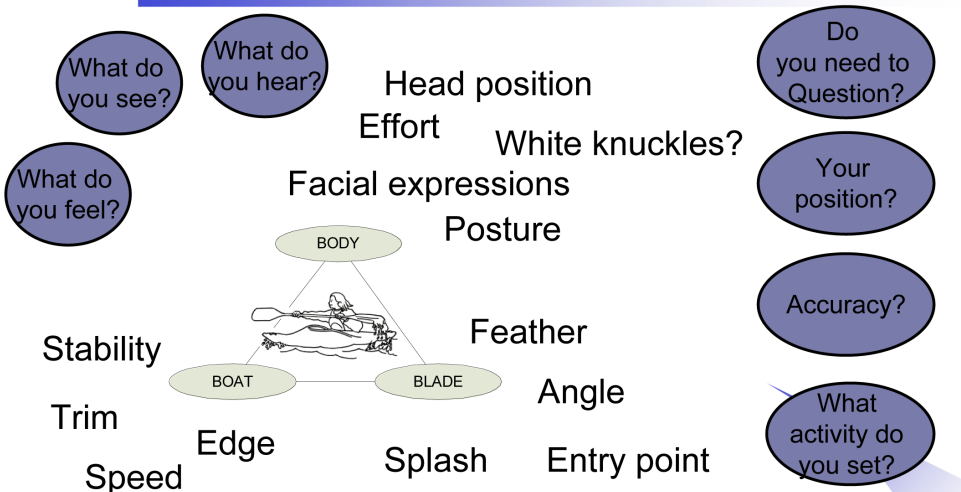


Observation Analysis & Feedback



Observation & Analysis



Feedback

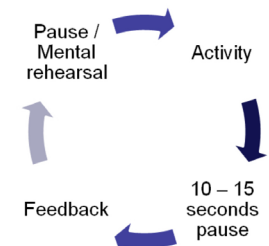
•Amount of Feedback

- »Intrinsic (internal)
- »Extrinsic (external)

•Positioning

•Delay

•VAK



Observation Sheet

Coach: Start time:
Finish time:

△ Warm-up △ Session Aims △ Safety Brief
△ Kit & fit △ Medical △ Emergency Procedures △ Boundaries

Introduction	Visual
Demonstration	Audio
Explanation	Kinesthetic
Activity	Safel
Summary	Enjoyable
	Learning
△ Static Blade	Boat
△ Voice	Body
△ Position	Blade
△ Positive language	
△ Technical Instruction	△ Command/Direct Instruction
△ Progressive	△ Practice
△ Dynamic and adaptive	△ Reciprocal (peer to peer)
△ Questions	△ Self Check
△ Take-away	△ Guided Discovery
	△ Divergent
	Technical
	Tactical
	Physical
	Psychological

Could be improved?

Will put in my toolbox!

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