



# UKCC L2 Pathway

After completing your UKCC Level 2 Certificate in Coaching Paddlesport. You have some choices as a coach. The pathway is not necessarily 'upwards' to the next highest number but may include broadening your skills, knowledge or coaching environments. Listed are some of the options.

## Stay as you are

Stay as you are and keep updated by continuing British Canoeing membership, renewing your First Aid Award and undertaking some form of Coach Up-date every three years.

### Ongoing Requirements



## BCU Foundation Modules

These modules are available to all coaches and support the coach development programme. There are no pre-requisites to any of the modules. Foundation Modules are 3 hours in length. The following are currently available:

- Coaching the Mind
- Coaching Young Paddlers
- Fitness for Paddlesport
- Fundamental Paddlesport Skills
- Fundamentals of Movement in Paddlesport (4hrs)
- Mentoring for Paddlesport Coaches
- Outdoor Education and Paddlesport
- Paddle-Ability
- Performance Planning for Paddlesport Coaches
- Strength and Conditioning
- Swimming Pools and Paddlesport

## Alternative 3 Star

This will give you the skills to paddle craft in up to moderate conditions. Choices include:

- Sea (kayak/sit-on-top)
- Surf
- Open Canoe
- White Water (kayak/OC1)
- Touring (kayak/canoe)
- Freestyle (kayak/canoe)
- Wild Water Racing

## UKCC L2 Coach

## BCU Discipline Specific Modules

Designed for coaches looking to gain more knowledge in a specialist discipline, the modules introduce the discipline's fundamental techniques. Coaches can choose either bank-based or boat-based participation. These one day modules aid you in delivering sessions that specialise in:

- Slalom Support Module (2 part)
- Sprint Racing Support Module (2 part)
- Marathon Racing Support Module
- Polo Support Module
- Freestyle Support Module
- Wild Water Racing Support Module
- Stand Up Paddleboard Support Module

## Moderate Water Endorsement

The Moderate Water Endorsement provides the tools to plan, deliver and review a series of progressive paddlesport coaching sessions in the discipline specific moderate water environment and is linked to a relevant 4 star award. The following MWE are available:

- White Water
- Open Canoe
- Sea ■ Surf
- Touring (mixed kayak/canoe)

Pre-requisites include 2 days formal training followed by completing a coaching portfolio.

## 4 Star River Leader

A 4 Star award will give you the remit to lead a small group of capable paddlers in a moderate water environment. As well as developing advanced personal skills. The following 4 Star Leader awards are available:

- White Water (kayak/OC1)
- Open Canoe
- Sea Kayak ■ Surf
- Touring (mixed kayak/canoe)
- Freestyle (kayak/canoe)

Pre-requisites include a 2 day First Aid award and additional safety training for most environments.

## UKCC Level 3 Core Training

Leading to BCU UKCC Level 3 Award (discipline specific). This will greatly develop your coaching skills and knowledge. This award moves your coaching from the 6 progressive sessions into the medium term.

